

**PG-CS-1095**

**MCPS-31/  
MSYS-31**

**P.G. DEGREE EXAMINATION -  
FEBRUARY, 2023**

**Psychology/Counselling and Psychotherapy  
Third Semester**

**PRINCIPLES AND TECHNIQUES OF  
PSYCHOTHERAPY**

Time : 3 hours

Maximum marks : 70

**SECTION A — (5 × 5 = 25 marks)**

Answer any FIVE questions.

1. Write a short note on Objectives of Psychotherapy.
2. Sketch a note on Cognitive behaviour therapy.
3. Highlight the difference between Psychotherapy and Counselling.
4. Explain Mental Status Examination.
5. Explain the statistical issues in research.
6. What are the current issues in Psychotherapy?
7. Give a note on the techniques related to Psychotherapy.
8. What are drug therapies? Explain.

SECTION B — (3 × 15 = 45 marks)

Answer any THREE questions.

9. Describe the significance of Psychotherapy.
  10. Explain Humanistic and Existential therapies.
  11. Discuss the approaches to Psychotherapy.
  12. Describe the Psychotherapeutic devices.
  13. What are the various research methods in Psychotherapy? Describe.
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**PG-CS-1096**

**MCPS-32/  
MSYS-32**

**P.G. DEGREE EXAMINATION -  
FEBRUARY, 2023**

**Psychology/Counselling and Psychotherapy**

**Third Semester**

**BEHAVIOUR MODIFICATION**

Time : 3 hours

Maximum marks : 70

**SECTION A — (5 × 5 = 25 marks)**

Answer any FIVE questions.

1. Explain the factors that influence the effectiveness of Punishment.
2. Explain the three term contingency.
3. Write a short note on differential reinforcement of alternative behaviour.
4. What is Dialectical Behaviour therapy? Explain.
5. Explain the Systematic Desensitization.
6. What is OCD? Explain.
7. Write a note on Assertiveness training.
8. Explain the concept of chaining with examples.

SECTION B — (3 × 15 = 45 marks)

Answer any THREE questions.

9. Describe the principles of Behaviourism.
  10. Discuss the concept of Shaping and its applications.
  11. Explain the use of antecedent control strategies.
  12. Describe the concept and applications on token economy.
  13. Explain various anxiety reduction procedures.
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**PG-CS-1097**

**MCPS-33/  
MSYS-33**

**P.G. DEGREE EXAMINATION –  
FEBRUARY, 2023.**

**Counselling and Psychotherapy**

**Third Semester**

**COGNITIVE PSYCHOLOGY**

**Time : 3 hours**

**Maximum marks : 70**

**PART A — (5 × 5 = 25 marks)**

**Answer any FIVE questions**

1. Explain the theories of Intelligence.
2. Explain the Gestalt approach to Perception
3. Write a short note on the types of Long-term memory.
4. What are the steps in Creative thinking?
5. Explain the types of decision making.
6. What is the scope of Cognitive Psychology?

7. What is Subliminal perception?
8. Explain Eyewitness testimony.

PART B — (3 × 15 = 45 marks)

Answer any THREE questions

9. Write a note on the history and development of Cognitive psychology
10. Explain the theories of attention.
11. Explain the role of Language in Cognitive Psychology.
12. Explain the steps in Problem-Solving.
13. What is Syllogism and explain its types?

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**PG-CS-1098**

**MCPS-34/  
MSYS-34**

**P.G. DEGREE EXAMINATION –  
FEBRUARY, 2023.**

**Psychology/Counselling and Psychotherapy**

**Third Semester**

**LEARNING DISABILITY**

**Time : 3 hours**

**Maximum marks : 70**

**PART A — (5 × 5 = 25 marks)**

**Answer any FIVE questions**

1. What are the types of Dyslexia? Explain.
2. Write a note on Perceptual disorder.
3. Define Dyscalculia and brief the signs and symptoms of Dyscalculia.
4. Write a note on Individualized instruction approach
5. Explain the process and development of lesson plan.

6. Write a note on the causes and signs of Dysgraphia.
7. Explain Development disorders.
8. Give a note on Hand writing.

PART B — (3 × 15 = 45 marks)

Answer any THREE questions

9. Explain identification of Learning Disabled children in detail.
10. Discuss about the Information processing disorder.
11. Write a note on reading and word attack strategies.
12. Describe the concept of Inclusive education.
13. Discuss about the on IEP.

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**PG-CS-1100**

**MCPS-35**

**P.G. DEGREE EXAMINATION –  
FEBRUARY, 2023.**

**Counselling and Psychotherapy**

**Third Semester**

**HEALTH PSYCHOLOGY**

**Time : 3 hours**

**Maximum marks : 70**

**PART A — (5 × 5 = 25 marks)**

**Answer any FIVE questions.**

1. Write a note on Endocrine system.
2. Give a note on Smoking.
3. Explain about using and misusing the health services.
4. Give an account on the models of stress.
5. Explain the principles in Yoga practice.

6. Write a note on the patient-practitioner relationship.
7. Illustrate the different stages of acceptance by Kubler Loss.
8. What are the psychological reactions of a patient to a loss?

PART B — (3 × 15 = 45 marks)

Answer any THREE questions.

9. Describe the theories of Health Psychology.
  10. Explain Alcoholism.
  11. Analyse the concept of Health services.
  12. Discuss the various theories of stress.
  13. Explain the management of chronic and terminally ill.
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